



Research confirms immediate bystander 'compressions only' CPR increases cardiac arrest survival rates.

## In this FREE 90-minute class, you will learn:



## **Chest Compressions**



## Automated External Defibrillator (AED)



Help someone who is choking

Participants <u>do not</u> receive a 2-year CPR/AED certification card. To find a certification course, visit:

www.sccfd.org www.redcross.org www.heart.org

TIME	SPONSORING CITY/TOWN
6:00 - 7:30 p.m.	Campbell
6:00 - 7:30 p.m.	Los Altos Hills
6:00 - 7:30 p.m.	Los Gatos / Monte Sereno
6:00 - 7:30 p.m.	Los Altos
6:00 - 7:30 p.m.	Saratoga
6:00 - 7:30 p.m.	Cupertino
6:00 - 7:30 p.m.	Campbell
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6:00 - 7:30 p.m.	Los Altos
6:00 - 7:30 p.m.	Saratoga
6:00 - 7:30 p.m.	Cupertino
	6:00 - 7:30 p.m. 6:00 - 7:30 p.m.

For More Information & To REGISTER: www.sccfd.eventbrite.com



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