

**Life & Hope:**  
*It's in your blood.*



Blood donors like you help people like **Chris»**

In 2007, Chris Zable had a scheduled C-section to deliver twin daughters. That evening, she began blacking out. Chris was bleeding internally. Doctors immediately transfused the first of 20 units of blood. **"Twenty people saved my life,"** said Chris. "Now, I get to see my babies grow up and they get to have a mommy."

## Blood Drive Details»

### Courtside Club Blood Drive

**Date:** Monday, February 8, 2010

**Time:** 10:00 am - 3:00 pm

**Location:** In the Bloodmobile  
14675 Winchester Blvd., Los Gatos

#### To make an appointment»

- Browse to <http://bloodcenter.stanford.edu>
- Click on "Find a Blood Drive"
- Search by city "Los Gatos"

For more information, please contact Nicole Green at (408) 395-7111, ext. 290.

### Special benefits for donors»

Blood donors get the satisfaction of knowing they've helped to provide hope and life to a patient in a local hospital.

Each donor will also receive a coupon for a free pint of Baskin Robbins ice cream.



**Give blood for life!**

**STANFORD BLOOD CENTER**

888-723-7831 • <http://bloodcenter.stanford.edu>



#### Blood donors must:

- » Be at least 17 years of age
- » Weigh at least 110 lbs
- » Be free of cold and flu symptoms (allergies okay; as are most medications)
- » Eat before donating & drink plenty of fluids
- » BRING PHOTO ID

#### Unfortunately, you will be deferred:

- » If you stayed in the U.K. for a cumulative time of three months or more between 1980 and 1996;
- » If you spent five years or more since 1980 in specified European countries (please call the Resource Nurse);
- » For one year if, within the last twelve months, you traveled to India or certain parts of China, Costa Rica, or Mexico.

Please call or check our Web site for more detailed information.